

JUNE 2026 NEWSLETTER

Care for Nature,
Care for Life.



Service With Love
**JUBILEE MISSION
COLLEGE OF NURSING**



JUBILEE MISSION HOSPITAL TRUST - Archdiocese of Trichur
(KUHS - QAS 'A' Grade - NAAC Accredited)



Quality
Nursing
Education
to transform lives with love

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Principal's Message

Dear Students, Faculty, Alumni, and Well-wishers,

It gives me immense pleasure to present the June 2026 edition of our college newsletter, reflecting yet another month of remarkable achievements and meaningful engagements at Jubilee Mission College of Nursing.

The month of June was filled with activities that celebrated academic excellence, research, creativity, environmental responsibility, community service, and professional development. Our students brought immense pride to the institution by emerging as the Overall Champions at the SNA Northeast Zone Education Fest – Thoolika 2026, while also excelling in various academic, literary, scientific, and cultural competitions. The outstanding performance in the 5th Semester B.Sc. Nursing Examination, with a 100% pass result, is another testimony to the dedication of our students and the unwavering commitment of our faculty.

Research and innovation continued to flourish as our students received recognition at Jubilee Research Day, while awareness initiatives such as World Blood Donor Day, World Environment Day, Reading Day, International Yoga Day, World Music Day, and World Anti-Drug Day reinforced our commitment to holistic education and social responsibility. Programmes focusing on faculty development, student welfare, international academic collaborations, and community outreach further strengthened our vision of nurturing competent, compassionate, and globally competent nursing professionals.

I sincerely congratulate all our students, faculty members, organizers, and supporting staff whose dedication and teamwork made these accomplishments possible. Every achievement reflects our shared commitment to excellence, innovation, and service with love.

As we move forward, let us continue to learn with curiosity, serve with compassion, and strive for excellence in all our endeavors. Together, we will continue to uphold the proud legacy and values of Jubilee Mission College of Nursing.



With warm wishes,

Dr. Sr. Judy SIC

Principal

Jubilee Mission College of Nursing, Thrissur

World Environment Day

05th June 2026

In observance of World Environment Day, a sapling was planted by His Grace Mar Andrews Thazhath, Archbishop of the Archdiocese of Thrissur, symbolizing a shared commitment to environmental conservation and sustainable living. The event was attended by Rev. Fr. Renny Mundenkurian, Director, JMMC & RI, Dr. Benny Joseph, CEO, Rev. Fr. Joyson Cheruvathoor, Assistant Director and Dr. Sr. Judy SIC, Principal.



Jubilee Mission College of Nursing observed World Environment Day on 5 June 2026 at the college premises with the theme "Let's Nurture Nature." The programme, organized by the NSS, IQAC, and SSGP, was conducted from 2.30 p.m. to 4.30 p.m. and witnessed the active participation of students from the 2nd, 4th, and 6th semesters, along with faculty members. The observance promoted environmental awareness and encouraged participants to adopt sustainable practices through the message "Our Environment, Our Responsibility – Let's Protect It Together" and the motto "Reduce, Reuse, Recycle, Restore."

Strengthening Global Academic Partnerships



A delegation from Canterbury Christ Church University, UK, visited Jubilee Mission College of Nursing on 5 June 2026 for an academic collaboration programme held at the Conference Hall. The event commenced with the planting of a sapling in observance of World Environment Day, followed by a formal inaugural session. The programme featured a keynote address by Dr. Luke Ewart [Canterbury Christ Church University (School Director of Research and Scholarship & Research Supervisor School of Nursing, Midwifery, Allied & Public Health)]

and the signing of a Memorandum of Understanding (MoU) to strengthen academic and research collaboration between the two institutions. Mrs. Rebecca Sandys [Canterbury Christ Church University (Deputy Dean of School of Nursing, Midwifery Allied & Public Health)] delivered the felicitation address, followed by an open discussion on the proposed CHGC programme and presentations on ongoing research initiatives, reaffirming the institutions' commitment to international academic partnership and research excellence.

Farm to Fork: Promoting Food Safety Awareness

On 8 June 2026, Jubilee Mission College of Nursing, Thrissur, organized "Farm to Fork," a food safety awareness programme at the Bishop Alapatt Auditorium. Centered on the theme "From burden to solutions – safe food everywhere," the programme emphasized the importance of food safety from production to consumption and encouraged healthy dietary practices. Conducted in accordance with Food Safety guidelines and powered by Ryezentrontz, the event sensitized participants to the significance of safe, nutritious food and reinforced the collective responsibility of ensuring food safety for a healthier society.



NLP-Based Starters Program Empowers Students to Unlock Their Potential

An NLP-Based Starters Program, a one-day transformational training programme designed for 50–60 college participants, was organized to help students discover their potential and develop essential life skills. The programme focused on enhancing goal awareness, inner healing, self-empowerment, concentration through sensory learning, and clarity of purpose.

The sessions included activities on accelerated name recall, sensory intelligence activation, mind-over-matter challenges, memory mapping, confidence anchoring, pattern break activation, self-acceptance, the Wheel of Life, purpose visioning, and future success conditioning. Conducted by Mr. Bevin Vincent, Life Transformation Coach, NLP Trainer, and GenAI & Cyber Security Consultant, the interactive programme concluded with participant reflections and a closing session, enabling students to leave with greater clarity, confidence, and a practical blueprint for personal growth and success.



College Community United in Prayer During College Blessing Ceremony

Jubilee Mission College of Nursing conducted the College Blessing Ceremony on 12 June 2026 at 1.30 p.m. with the participation of the management, faculty, staff, and students. The prayerful gathering invoked God's blessings upon the institution, seeking divine guidance, wisdom, and protection for the academic year ahead. The ceremony reaffirmed the college's commitment to its mission of providing quality nursing education rooted in faith, service, and compassion, while fostering unity and spiritual strength among the college community.



JMCON Bids Farewell to Two Esteemed Faculty Members

Jubilee Mission College of Nursing organized a Farewell Programme on 15 June 2026 at 3.00 p.m. in the Conference Hall to honour the dedicated service of Ms. Rincy P. R. (Asst. Professor) and Ms. Lijiya Sebastian (Clinical Instructor). The programme brought together faculty members, staff, and students to express their gratitude and appreciation for the invaluable contributions made by the two faculty members to the institution. The gathering was marked by heartfelt tributes, warm wishes, and memorable moments as the college community wished them success, happiness, and fulfilment in their future endeavours.



World Blood Donor Day with Blood Donation Drive and Flash Mob



Jubilee Mission College of Nursing, Thrissur, will observe World Blood Donor Day with a Blood Donation Drive and Flash Mob on 16 June 2026. The programme, organized jointly by the Internal Quality Assurance Cell (IQAC), National Service Scheme (NSS), Student Nurses' Association (SNA), and SSGP, aims to promote voluntary blood donation and raise public awareness about the life-saving importance of donating blood. The flash mob is scheduled from 2.30 p.m. to 3.30 p.m. under the theme, "One Drop of Humanity. Give Blood. Save Lives." The institution invites students, staff, and the public to participate in the initiative and contribute towards saving lives through voluntary blood donation.



5th Semester B.Sc. Nursing Results

The results of the 5th Semester B.Sc. Nursing Examination have been announced, and Jubilee Mission College of Nursing, Thrissur, has achieved an excellent academic performance. Out of 60 students who appeared for the examination, 8 students secured Distinction and the remaining 52 students passed with First Class, achieving a 100% pass result. This remarkable accomplishment reflects the students' dedication, the faculty's committed guidance, and the institution's continued pursuit of academic excellence.



Jubilee Research Day 2026

The Jubilee Research Day 2026 inauguration programme was held at the New CCM Hall, Jubilee Medical College Building, bringing together researchers and healthcare professionals to promote a culture of scientific inquiry and innovation. During the event, Chrismariya and group, representing the Child Health Nursing Research Group under the guidance of Mrs. Jaicy John, won the Best Presentation Award among the nursing students, bringing laurels to the institution.



World Music Day and International Yoga Day

World Music Day and International Yoga Day was celebrated on 22 June 2026 with a series of vibrant programmes organized by the IQAC. The celebrations commenced with welcome addresses by student representatives, followed by an inspirational message from Dr. Sr. Judy SIC, Principal, and the inaugural address by Rev. Fr. Joyson Cheruvathur, Assistant Director, JMHC & RI. Students highlighted the significance of yoga through a theme presentation, captivating yoga dance, and yoga show, emphasizing holistic health and well-being. The festivities also featured “A Medical Music Fusion,” a musical performance that showcased the artistic talents of the students and celebrated the universal language of music. The programmes concluded with felicitation, expressions of gratitude, and a renewed commitment to promoting physical, mental, and cultural well-being among the student community.



JMHC & AI Introduces Enhanced Welfare Initiatives for Students and Faculty

A range of welfare initiatives to enhance the health, well-being, and overall campus experience of its students and faculty. As part of these initiatives, Care Cards were distributed, enabling beneficiaries to avail a 30% discount on medical consultations along with access to various healthcare services at Jubilee Mission Hospital. In addition, improved campus amenities, including a well-equipped gymnasium and enhanced canteen facilities, have been made available to support a healthy and comfortable learning and working environment. These initiatives reflect JMHC & AI's continued commitment to the holistic welfare of its academic community.



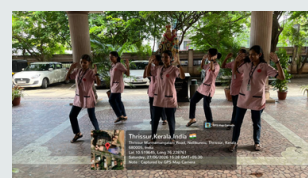
Faculty Workshop on Quality Enhancement in Higher Education

Jubilee Mission College of Nursing, Thrissur, organised a two-day Faculty Workshop 2026 on 23 and 30 June 2026 on the theme "Empowering Excellence in Higher Education: Strategies for Quality Enhancement and Academic Transformation." The workshop was inaugurated by Rev. Fr. Renny Mundenkurian, Director, JMMC & RI. Resource persons included Rev. Dr. Roy Joseph Vadakkan, Dr. Divya George, Prof. Reena Vincent, Mrs. Sheeja Sebastian, Mrs. Justy Joy, Dr. Sr. Tresa Anto CHF, Mrs. Jaicy John, and Sr. Godwin CHF, who led sessions on teacherhood, academic administration, examination reforms, strategic planning, institutional development, and NAAC documentation. The workshop enhanced faculty competencies and reinforced the institution's commitment to academic excellence and quality education.



World Anti-Drug Day Observed with Awareness Programme

In observance of World Anti-Drug Day, Jubilee Mission College of Nursing organized an awareness class and flashmob on 27 June 2026 at the St. Thomas Block Portico, JMMC & RI, from 3.30 p.m. to 4.30 p.m. The programme was conducted under the theme, "World Drug Problem: Persisting Issues, New Challenges, Innovative Responses," with the objective of educating students and the public on the harmful effects of substance abuse and promoting a drug-free society. The event was organized by the IQAC, NSS, and SSGP.



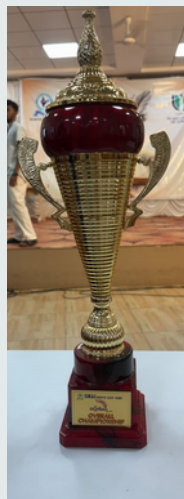
Reading Day Celebration 2026

The Reading Day Celebration 2026 was organized by the Library Committee of Jubilee Mission College of Nursing on 29 June 2026. The programme commenced with a candle-lighting ceremony and featured an inspiring message by Ms. Meghna K., Writer and Ph.D. Scholar, highlighting the importance of reading in personal and professional growth. The event was presided over by Rev. Fr. Joyson Cheruvathoor, Assistant Director, JMHC & AI. Dr. Sr. Judy SIC, Principal, JMCON, along with Sr. Reji Augustine, Principal, JMSON, and Dr. Sr. Tresa Anto CHF, Vice Principal, JMCON, felicitated the gathering. Ms. Gloria Xavier (4th Semester B.Sc. Nursing) and Ms. Jishna Rose T. J. (2nd Year GNM) received the Best Library User Awards, and prizes were distributed to the winners of the Reading Day Quiz Competition. The programme concluded with the Reading Day Pledge, reaffirming the institution's commitment to fostering a culture of reading and lifelong learning.



Hall of Achievements

JMCON Emerges Overall Champion at SNA Northeast Zone Education Fest Thoolika 2026



A contingent of 40 students from Jubilee Mission College of Nursing (JMCON) participated in the Student Nurses Association (SNA) Northeast Zone Education Fest – Thoolika 2026, held at P.K. Das College of Nursing, Palakkad, on 24 June 2026. The students showcased exceptional talent and academic excellence across literary, scientific, and cultural events, securing numerous prizes. Highlights included First Prize in Health Play, Community Poster Presentation, Pediatrics Poster Presentation, Anatomy & Physiology Poster Presentation, Midwifery Nursing Poster Presentation, and On-the-Spot Painting. The team also won Second Prize in Scientific Paper Presentation, Medical-Surgical Poster Presentation, English Extempore, and Face Painting, along with Third Prize in the Quiz Competition. In the literary events, students secured Second Prize in Malayalam Essay, Malayalam Poem Writing, and English Story Writing. With this outstanding performance, Jubilee Mission College of Nursing was crowned the Overall Champion of Thoolika 2026, bringing immense pride to the institution.

Students Excel in World Blood Donor Day Poster Competition

Jubilee Mission College of Nursing proudly congratulates its students for their outstanding performance in the World Blood Donor Day Poster Competition, organized by the Department of Transfusion Medicine, Jubilee Mission Medical College & Research Institute (JMMC & RI). Ms. Gayathri Madhu (II Semester B.Sc. Nursing) secured Second Prize, while Ms. Amoolya Anna (VI Semester B.Sc. Nursing) won Third Prize for their creative and impactful posters promoting voluntary blood donation. Their achievements reflect the students' artistic excellence, social commitment, and dedication to creating awareness about the life-saving importance of blood donation.





Faculty Corner

WORK-LIFE BALANCE: THE KEY TO A HAPPIER AND HEALTHIER LIFE

In today's fast-paced and demanding world, maintaining a healthy work-life balance has become more important than ever. Work-life balance is the amount of time you spend doing your job versus the time you spend with your friends and family and pursuing your interests. It helps individuals manage their professional, academic, and personal responsibilities effectively without feeling overwhelmed. A healthy balance reduces stress, improves mental and physical health, and increases productivity and job satisfaction.

Tips to Improve Work-Life Balance

- ☒ Set clear priorities: Focus on the most important tasks and avoid over committing yourself.
- ☒ Manage your time effectively: Create a daily schedule and allocate time for work, studies, relaxation, and personal activities.
- ☒ Take regular breaks: Short breaks during work or study sessions help improve concentration and reduce stress.
- ☒ Maintain healthy boundaries: Avoid letting work or academic responsibilities interfere with personal and family time.
- ☒ Stay physically active: Regular exercise boosts energy levels, improves mood, and supports overall well-being.
- ☒ Pursue hobbies and interests: Engaging in activities you enjoy helps refresh your mind and reduce burnout.
- ☒ Practice self-care: Ensure adequate sleep, healthy eating, and relaxation to maintain physical and mental health.
- ☒ Learn to say no: Avoid taking on more responsibilities than you can comfortably manage.
- ☒ Spend quality time with loved ones: Strong personal relationships contribute to a balanced and fulfilling life.
- ☒ Reduce digital distractions: Limit unnecessary screen time and disconnect from work-related communication during personal time.

A healthy work-life balance helps individuals perform their responsibilities effectively while maintaining their personal happiness and quality of life.

Mrs. Reena Vincent
Professor, JMCON

Departmental Activities

- Menter - Mentee Meeting
- Alumni Executive Meeting
- HOD & Class coordinator Meeting/ Internal Counsel Committee Academic Monitoring Cell - Committee Meeting
- Library & Purchase Meeting
- Internal Complaint Committee Meeting
- Administrative Committee Meeting
- Faculty Meeting

Institutional Updates

- **Tentative Examination Calendar 2026–27 Published:** The Kerala University of Health Sciences (KUHS) released the Tentative Examination Calendar for the academic year 2026–27 in June 2026, enabling students and faculty to plan academic activities and examination preparations effectively.
- **Advertisement Video Production:** A professional video shoot was conducted on campus for the preparation of the official promotional/advertisement video of Jubilee Mission College of Nursing, showcasing the institution's academic excellence, infrastructure, clinical training, and vibrant student life.
- **Biometric Attendance System Introduced:** To enhance attendance management and administrative efficiency, biometric punching machines were installed in the college foyer for students of Jubilee Mission College of Nursing (JMCON) and Jubilee Mission School of Nursing (JMSO). Students are required to mark their daily attendance using the designated punching machines from 24 June 2026 onwards.

Conclusion

As we conclude the month of June 2026, we celebrate a journey marked by academic excellence, research accomplishments, community engagement, environmental stewardship, and outstanding student achievements. Every programme, competition, and initiative reflects the collective dedication of our students, faculty, and staff in upholding the values of Service with Love.

The remarkable milestones achieved this month inspire us to continue striving for excellence while nurturing compassion, professionalism, and lifelong learning. As we step into the months ahead, may we remain united in our commitment to innovation, integrity, and quality nursing education, carrying forward the proud legacy of Jubilee Mission College of Nursing.

Together, let us continue to learn, lead, serve, and inspire.

Service with Love