



JUBILEE MISSION COLLEGE OF NURSING, THRISSUR

**JUBILEE MISSION HOSPITAL TRUST- Archdiocese of Trichur
(KUHS- QAS A Grade & NAAC Accredited)**

CRITERION 5 STUDENT SUPPORT AND PROGRESSION

5.1 Student Support

5.1.2. Soft Skill Development



JUBILEE MISSION COLLEGE OF NURSING
JUBILEE MISSION HOSPITAL TRUST – ARCHDIOCESE OF THRISSUR
(KUHS - QAS 'A' Grade - NAAC Accredited)

Jubilee Gardens, P.B. No.737 Jubilee Mission P.O Thrissur East -680 005 Kerala S. India
Ph: 0487-2426709, 90 48 28 50 00, Fax: 0091-0487-2422157, E-mail:jmcontcr@gmail.com

Capability enhancement and development schemes

List of soft skill classes conducted 2022-23

SL.NO	TOPIC
1.	Session on Value Based leadership
2.	Session on Communication skills
3.	Soft Skill class on Set at ease
4.	Session on Positive Attitude
5.	Session on Stress Management



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To,

All Bsc(N)IV year students,

There will be a soft skill class on 19/01/2023 from 10.30 to 11.30am

Value Based Leadership
Topic :- Leadership



Resource Person :- DR. ANGELA GNANADURAI

Venue :- IVth year class room



Angela
PRINCIPAL 23/202

PRINCIPAL
Jubilee Mission College of Nursing,
THRISSUR - 680 005



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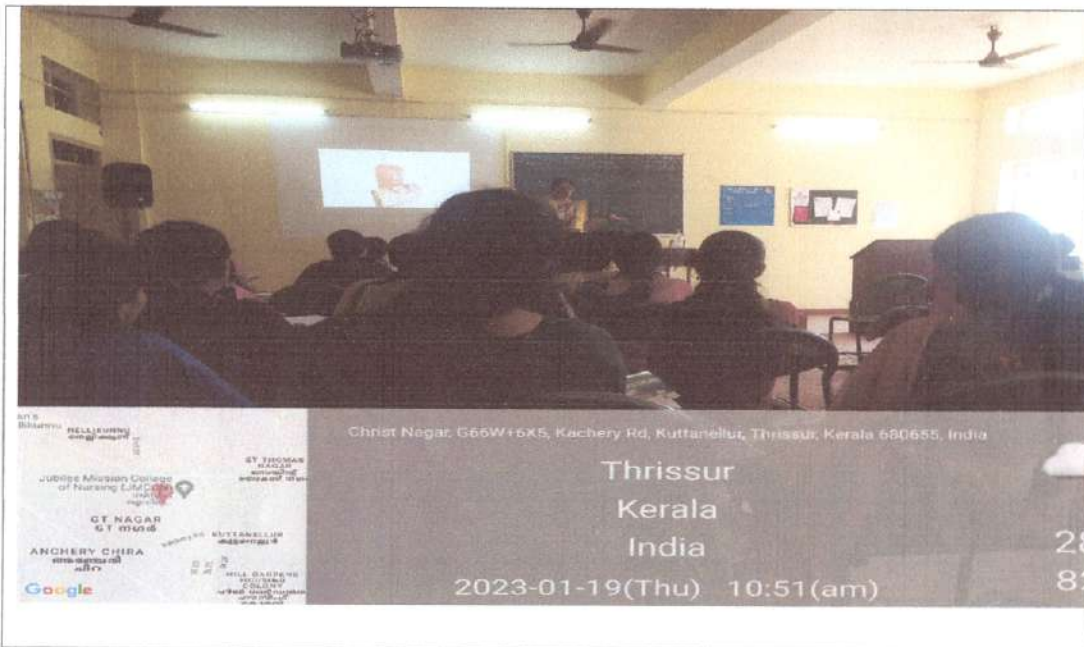
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Value based

Report of soft skill class on leadership

- **Name of the event:** Soft skill class on leadership
- **Organizer details:** Prof Reena Vincent
- **Date:** 19/01/2023
- **Time:** 10.30am -11.30am
- **Venue:** IVth B.Sc (N) class room
- **Participant details:** 49 IV BSc Nursing Students of JMCON
- **Resouce person:** Dr. Angela Gnadurai, Principal Jubilee Mission College Of Nursing
- **Name of the reporter :** Prof Reena Vincent JMCON

Jubilee mission college of nursing conducted a session on the topic of leadership 19/01/2023 for IV th B.Sc (N) students. The resource person for this session was Dr. Angela Gnadurai, Principal Jubilee Mission College Of Nursing. Dr. Angela Gnanadurai discussed the qualities and function of leader with examples and demonstrations. The number of students attended the class were 49. The class was concluded at 11.30 am with a feed back of students.



Date:

19/012023

Place: Jubilee Mission College Of Nursing

Signature of event coordinator

Reena
20/1/23

Reena
HOD 20/1/23

Angela
Principal
19/1/2023



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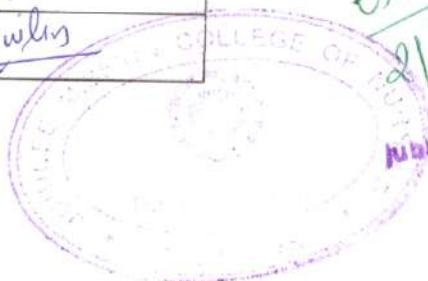
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Attendants list on soft skill class on leadership

1	AISWARYA THOMAS	
2	AJITHA ANTO C	
3	ALEENA SAJU	
4	ALFIYA SAJID	
5	AMALA BABU A	
6	AMALA SHILPPA BENNY	
7	AMITHA SHAJU	
8	ANCY E S	
9	ANEETA AGUSTIN	
10	ANGEL DAVIS MALIAKKAL	
11	ANGELA BIJU	
12	ANITTA JOY	
13	ANITTA SUNNY	
14	ANJANA DAISON	
15	ANNA ANEENA ALBY	
16	ASWATHY V	
17	BETTY BAIJU	
18	CHANCHAL CHACKO	
19	EMIL VARGHESE	
20	FOUSITHA H S	
21	GLORIA G THARAKAN	
22	JACQUELIN JOBY	
23	JACQUILIN NELSON	




Angela B
2/3/2023

PRINCIPAL
Jubilee Mission College of Nursing
THRIBSUR - 680 005

24	JOCY JOSEPH	<i>Jocy.</i>
25	JOHNSY K GEORGE	<i>[Signature]</i>

26	JOSHEMA BENNY	<i>[Signature]</i>
27	KRISHNAPRIYA P B	<i>[Signature]</i>
28	LISHA BABY	A
29	LIVIYA J ROSE	<i>Liviya</i>
30	MEGHA K U	<i>Megha</i>
31	MERIN SIBY KARIMATTAM	<i>[Signature]</i>
32	NEENA SAJU	<i>Neena</i>
33	NEETHU M S	<i>Neethu</i>
34	PRAVEENA P	<i>Praveena</i>
35	RESNA RAJAN	<i>Resna</i>
36	RIYA C I	<i>Riya C I</i>
37	RIYA MOL JACOB	<i>Riya</i>
38	ROSEMI T J	<i>[Signature]</i>
39	SANDRA M J	<i>[Signature]</i>
40	SANDRA SHAJU	<i>[Signature]</i>
41	SHALET ANN	<i>[Signature]</i>
42	SHERIN THANKACHAN	<i>[Signature]</i>
43	SHILPA BENNY	<i>[Signature]</i>
44	SMIJI RAJU	<i>[Signature]</i>
45	SNEHA C D	<i>[Signature]</i>
46	SNEHA P S	<i>[Signature]</i>
47	SONA ANNA SAJI	<i>[Signature]</i>
48	SONA P R	<i>[Signature]</i>
49	STEFI FRANCIS	<i>[Signature]</i>
50	STEPHY ANNA SONY	<i>[Signature]</i>



 Date: *2/10/2023*

 PRINCIPAL

 Jubilee Mission College of Arts & Science

 THRISSUR - 680 002



JUBILEE MISSION COLLEGE OF NURSING

JUBILEE MISSION HOSPITAL TRUST - ARCHDIOCESE OF THRISSUR

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14.12.2022

NOTICE

To,

Faculty & Students of JMCON

There will be a Soft Skill Development session
on **“ Communication Skills”**

Date :19.12.2022

Time :1.30pm – 2.30pm

Resource Person : Fr.Tijo Mullakkara

Venue: Bishop Alappatt Auditorium

Angelab
14/12/22
Principal

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Jubilee Mission College of Nursing
THRISSUR - 680 005





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20.12.22

REPORT OF
COMMUNICATION SKILLS

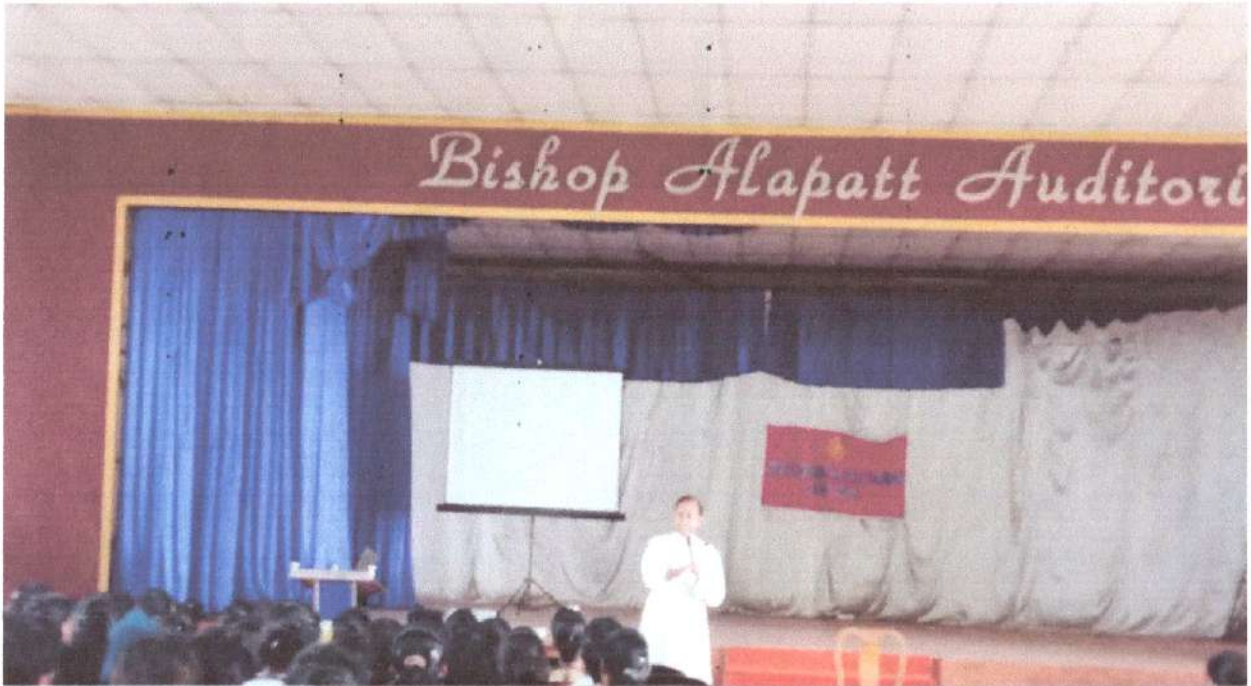
The session on "**COMMUNICATION SKILL**" was conducted on 19/12/2022 from 1.30-2.30 pm by Fr. Tijo Mullakkara. The class was taken for 155 B.Sc(N) students. The session on "COMMUNICATION SKILL" was very interesting and it was illustrated through a movie. It helped the students to establish effective rapport with patients and others and came to know about the techniques thoroughly through visual aid. It also encouraged the students to be more communicative and the ways of communication . The session winded up at 2.30pm.

Angelab
20/12/22
PRINCIPAL

PRINCIPAL
Jubilee Mission College of Nursing
-THRISSUR - 680 005



SESSION ON COMMUNICATION SKILL



Christ Nagar, 666W+5X5, Kachery Rd, Kuttanellur, Thrissur, Kerala 680655, India

Thrissur
Kerala
India

32°C
90°F

2022-12-19(Mon) 01:44(PM)



Angela
20/12/2022
PRINCIPAL
Jubilee Mission College of Nursing
THRISUR - 680 008

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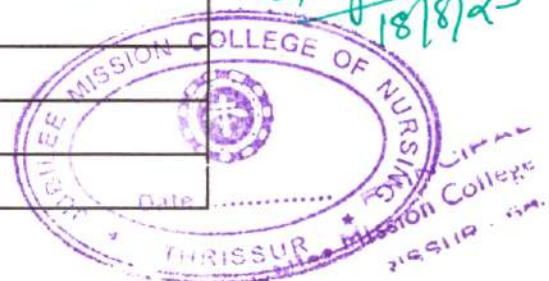
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SESSION ON 'COMMUNICATION'

DATE : 19/12/2022

2022 Admission - First Semester

SLNO	NAME	SIGNATURE
1	Abin S Saji	
2	Akshara U	
3	Aleena Mariot Thomas	
4	Alin Rose Benny	-
5	Amil Mariya Saiju	
6	Anakha manoj	
7	Anjitha Sunil	
8	Ansu Alichen	
9	Ashmi Roy	
10	Ayisha Rana	
11	Claris martin	
12	Devika K J	
13	Fathima Shahnas Kallan	
14	Glittagrace V	
15	Gopika A	
16	Gowry T P	
17	Greety George K	
18	Jeeva Sunny	
19	K Goutham	
20	Keerthana E P	
21	Linet K Biju	
22	Nandhana V R	
23	Nigitha Jose	
24	Radhika Remesan	
25	Aaron S Mathew	
26	Ancilin Mariya Binoy	
27	Angel Johnson	
28	Angel T Sebastian	
29	Binimol Binoy	



30	Catherine benny	<i>Catherine</i>
31	Chris Maria Viji	A
32	Delmy A P	<i>Delmy</i>
33	Dona Markose	A
34	Dona Treesa Sanson	<i>Dona</i>
35	Elizabeth K Francis	<i>Elizabeth</i>
36	Fiona Jomon	<i>Fiona</i>
37	Godwin Shaju	<i>Godwin</i>
38	Gouri Vinod	<i>Gouri</i>
39	Jain Mariya George	<i>Jain</i>
40	Jeeva Mariya Benny	A
41	Jemimah Joseph	<i>Jemimah</i>
42	Jisna Tomy	<i>Jisna</i>
43	Merrin Maria	<i>Merrin</i>
44	Milton Anto	<i>Milton</i>
45	Nitha Mary Nicson	<i>Nitha</i>
46	Rosemary Reeson	<i>Rosemary</i>
47	Rosemol Rajesh	<i>Rosemol</i>
48	Sona C B	<i>Sona</i>
49	Sona Shibu	<i>Sona</i>
50		



Angela
18/8/23

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SESSION ON 'COMMUNICATION'

DATE : 19/12/2022

II year B.Sc Nursing - 2020 Admissions

NO	NAME	SIGNATURE
1	Abiramy S	
2	Aerin P Menachery	
3	Akhila P S	
4	Akshaya Sabu	
5	Alan M Sunny	
6	Aleena Antony	
7	Aleena J Kallarakkal	
8	Alen Rose K B	
9	Alna Ouseph	
10	Amana Salam	
11	Amrutha P S	
12	Anet K Lonappan	
13	Angel Mary Babu	
14	Angel T S	
15	Angel Varghese	
16	Anit Mary Jose	
17	Anju K Raju	
18	Ann Helan Lopez	
19	Ann Priya Vinson	
20	Aruna Sairam	
21	Ashwin Joy	
22	Bestina V J	
23	Bilna Biju	



24	Binita Biju	Anta
25	Chandana Bijoy	Chandana
26	Christy Mariya	Christy
27	Christy Shaju	Christy
28	Divya Devassy	Divya
29	Diya Raju	Diya
30	Haris Roy	Haris
31	Hiba Ibrahim	Hiba
32	Jasmin C J	Jasmin C. J.
33	Jasmine P J	Jasmine
34	Jesna Mol T J	Jesna
35	Jewel Jipson	Jewel
36	Jisna George	Jisna
37	Jithra Josy	Jithra
38	Josephin Santhosh	Josephin
39	LIYA V J	LIYA V J
40	Manya N M	Manya
41	Mariya Martin	Mariya
42	Mariya Rose N F	Mariya
43	Merin Tomy	Merin
44	Navya Margret Mathew	Navya
45	Neha Joy	Neha
46	Noel Leons	Noel
47	Riya Saju	Riya
48	Sandhra Saju C	Sandhra
49	Sneha P X	Sneha
50	Sona K Sabu	Sona

Angelab
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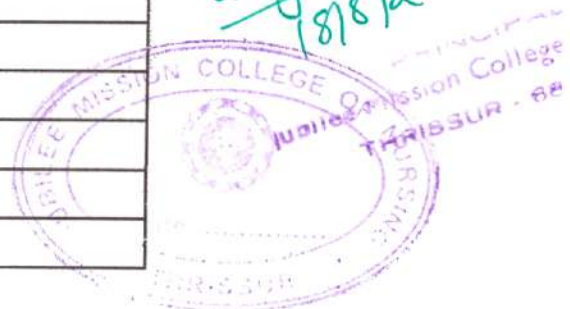
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SESSION ON 'COMMUNICATION'

DATE : 19/12/2022

III YEAR B.SC NURSING		
NO	NAME	SIGNATURE
1	Abiya Joby	<i>Abiya Joby</i>
2	Aiswarya Jayan	<i>Aiswarya Jayan</i>
3	Akhila Shabu	<i>Akhila Shabu</i>
4	Aleena John	<i>Aleena John</i>
5	Aleena Joy	<i>Aleena Joy</i>
6	Alex Joseph	<i>Alex Joseph</i>
7	Alfi Prince	<i>Alfi Prince</i>
8	Alfred Santhosh	<i>A</i>
9	Alphy Joji	<i>Alphy Joji</i>
10	Alphy K Shaju	<i>Alphy K Shaju</i>
11	Amala Thomas	<i>Amala Thomas</i>
12	Amala Treesa Johnson	<i>Amala Treesa Johnson</i>
13	Ancy Sony	<i>Ancy Sony</i>
14	Aneena Anto	<i>Aneena Anto</i>
15	Aneetta Thomas	<i>A</i>
16	Angel T V	<i>A</i>
17	Angel Treesa	<i>Angel Treesa</i>
18	Anjana P W	<i>Anjana P W</i>
19	Anjana Thomas	<i>Anjana Thomas</i>
20	Anlin Roy	<i>Anlin Roy</i>
21	Anly antony	<i>Anly antony</i>
22	Annu George	<i>Annu George</i>
23	Annu Scaria	<i>Annu Scaria</i>
24	Anu K V	<i>Anu K V</i>
25	Ashli Raju	<i>Ashli Raju</i>
26	Ashly Sebastian	<i>Ashly Sebastian</i>
27	Avin Shajan V	<i>Avin Shajan V</i>
28	Deepa D	<i>Deepa D</i>
29	Devika Suri K.]	<i>Devika Suri K.]</i>
30	Divya Joy	<i>Divya Joy</i>
31	Jefy George	<i>Jefy George</i>
32	Jeletta Jomi	<i>A</i>
33	Jemy George	<i>Jemy George</i>

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18/12/23



34	Iiya T B	<i>Iiya</i>
35	Iosna Jose	<i>Iosna</i>
36	Iwala Jose	<i>Iwala</i>
37	Livya Alex	<i>Livya</i>
38	Melviya Dominic	A
39	Priji Mechery	<i>Priji</i>
40	Rose Mariya Joseph V	A
41	Sandra C S	<i>Sandra</i>
42	Sandra Elizabeth	<i>Sandra</i>
43	Sandra Mary Varghese	<i>Sandra</i>
44	Sandra Shony	<i>Sandra</i>
45	Shanit Shaji	<i>Shanit</i>
46	Soniya T Manoj	<i>Soniya</i>
47	Sreelakshmi P S	A
48	Sreethilak E	<i>Sreethilak</i>
49	Vismaya K R	<i>Vismaya</i>
50	Zainaba N H	<i>Zainaba</i>



Angela
18/8/23

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SESSION ON 'COMMUNICATION'

DATE : 19/12/2022

IV Year BSc Nursing

NO	NAME	SIGNATURE
1	AISWARYA THOMAS	
2	AJITHA ANTO C	
3	ALEENA SAJU	
4	ALFIYA SAJID	A
5	AMALA BABU A	
6	AMALA SHILPPA BENNY	
7	AMITHA SHAJU	
8	ANCY E S	
9	ANEETA AGUSTIN	A
10	ANGEL DAVIS MALIAKKAL	
11	ANGELA BIJU	
12	ANITTA JOY	
13	ANITTA SUNNY	A
14	ANJANA DAISON	
15	ANNA ANEENA ALBY	
16	ASWATHY V	A
17	BETTY BAIJU	A
18	CHANCHAL CHACKO	
19	EMIL VARGHESE	A
20	FOUSITHA H S	A
21	GLORIA G THARAKAN	
22	JACQUELIN JOBY	
23	JACQUILIN NELSON	
24	JOCY JOSEPH	
25	JOHNSY K GEORGE	A

26	JOSHEMA BENNY	-
27	KRISHNAPRIYA P B	-
28	LISHA BABY	-
29	LIVIYA J ROSE	-
30	MEGHA K U	-
31	MERIN SIBY KARIMATTAM	-
32	NEENA SAJU	-
33	NEETHU M S	-
34	PRAVEENA P	-
35	RESNA RAJAN	-
36	RIYA C I	-
37	RIYA MOL JACOB	-
38	ROSEMI T J	-
39	SANDRA M J	-
40	SANDRA SHAJU	-
41	SHALET ANN	-
42	SHERIN THANKACHAN	-
43	SHILPA BENNY	-
44	SMIJI RAJU	-
45	SNEHA C D	-
46	SNEHA P S	-
47	SONA ANNA SAJI	-
48	SONA P R	-
49	STEFI FRANCIS	-
50	STEPHY ANNA SONY	-



Angelab
9/8/23

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NOTICE

07.12.2022

There will be a soft skill class on “Set at ease” to all first Semester students as a part of bridge course. The details given below.

Date : 07/12/2022

Venue : Bishop Alappatt Auditorium

Time : 8.30 am- 4.30 pm

Resource person : Fr.Jimmy Edakkalathur &
Fr.Sajan Marroky



Angelab
Principal 07/12/22

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IST SEMESTER BSC NURSING-2022-2023 BATCH

BRIDGE COURSE :SET AT EASE-ATTANDANCE REPORT ON 07/12/2022

SL.NO	NAME OF STUDENT	SIGNATURE
1.	AARON S MATHEW	
2.	ABIN S SAJI	
3.	AKSHARA U	
4.	ALEENA MARIOT THOMAS	
5.	ALIN ROSE BENNY	
6.	AMIL MARIYA SAIJU	
7.	ANAKHA MANOJ	
8.	ANCILIN MARIYA BINOY	
9.	ANGEL JOHNSON	
10.	ANGEL T SEBASTIAN	
11.	ANJITHA SUNIL	
12.	ANSU ALICHEN	
13.	ASHMI ROY	
14.	AYISHA RANA	
15.	BINIMOL BINOY	
16.	CATHERINE BENNY	
17.	CHRIS MARIA VIJI	



07/12/22

Principal
Jubilee Mission College of Nursing
THRISSUR - 680 005

18.	CLARIS MARTIN	<i>Clarismartin</i>
19.	DELMY A P	<i>Delmy</i>
20.	DEVIKA K J	<i>Devika</i>
21.	DONA TREESA SANSON	<i>Dona</i>
22.	DONA MARKOSE	<i>Dona</i>
23.	ELIZABETH K FRANCIS	<i>Elizabeth</i>
24.	FATHIMA SHAHNAS KALLAN	<i>Fathima</i>
25.	FIONA JOMON	<i>Fionaff</i>
26.	GLITTA GRACE V	<i>glittagrace</i>
27.	GODWIN SHAJU	<i>Godwin</i>
28.	GOPIKA A	<i>Gopika</i>
29.	GOURI VINOD	<i>Gouri</i>
30.	K GOUTHAM	<i>Goutham</i>
31.	GOWRY T P	<i>Gowry</i>
32.	GREETY GEORGE K	<i>Greety</i>
33.	JAIN MARIYA GEORGE	<i>Jain</i>
34.	JEEVA MARIYA BENNY	<i>Jeeva</i>
35.	JEEVA SUNNY	<i>Jeeva</i>
36.	JEMIMAH JOSEPH	<i>Jemimah</i>
37.	JISNA TOMY	<i>Jisnatommy</i>
38.	KEERTHANA E P	<i>Keerthana</i>
39.	LINET K BIJU	<i>Linnet</i>



Angelab
19/12/22
PRINCIPAL

40.	MERRIN MARIA	<i>Merrin</i>
41.	MILTON ANTO	<i>Milton</i>
42.	NANDHANA V R	<i>Nandhana</i>
43.	NIGITHA JOSE	<i>Nigitha</i>
44.	NITHA MARY NICSON	<i>Nitha</i>
45.	RADHIKA REMESAN	<i>Radhika</i>
46.	ROSE MARY REESON	<i>Rosemary</i>
47.	ROSEMOL RAJESH	<i>Rosemol</i>
48.	SONA C B	<i>Sona</i>
49.	SONA SHIBU	<i>Sona</i>

Inqclab
Signature of principal

14/12/22
PRINCIPAL

ugilees Mission College of Nursing
THRISSUR - 680 005





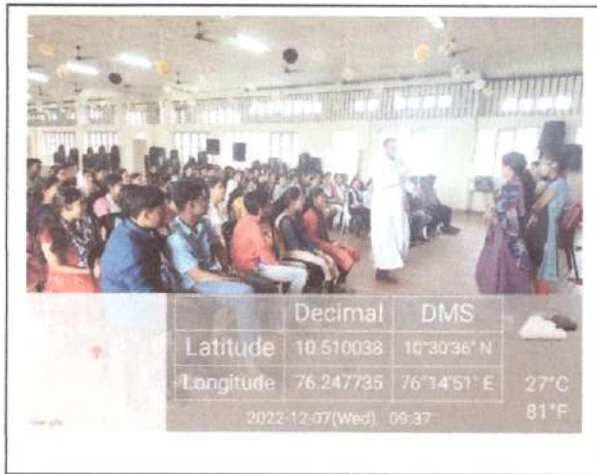
JUBILEE MISSION COLLEGE OF NURSING
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IST SEMESTER BSC NURSING-2022-2023 BATCH

BRIDGE COURSE -SET AS EASE REPORT- 07/12/2022

As part of induction programme a full day (8.30am-4.30pm) class is arranged for our students on 07/12/2022 . The session handled by Fr.Jimmy Edakkalathur, Asst.Director, JMMC&RI and team. The topic was about Set as Ease. He prepared our students, how to attain specific Goal. And gave talk on skill development, motivation and memory exercises. The class was very interactive and interesting. The principal madam gave thanks to the father and session winded upat 4.35pm



Angelab
Signature of Principal 07/12/2022

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NOTICE

There will be a class on “**Positive Attitude**” to all first Semester students as a part of bridge course. The details given below.

Date : 05/12/2022

Venue : I Semester class room

Time : 1.30 pm- 2.30 pm

Resource person: Sr. Dhanya CHF, Asso. Professor, HOD- Mental Health Nursing JMCON



Angela
Principal 11/12/22.

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ATTANDANCE SHEET

Topic: *Positive attitude*

Date and Time: *05/12/2022*

Resource person : *Sr Dhanya CHF, ASSO. Professor, JMCON*

SL.NO	NAME OF STUDENT	SIGNATURE
1.	Aaron S Mathew	<i>[Signature]</i>
2.	Abin S Saji	<i>[Signature]</i>
3.	Akshara U	<i>[Signature]</i>
4.	Aleena Mariot Thomas	<i>[Signature]</i>
5.	Aleesha PJ	<i>[Signature]</i>
6.	Amil Mariya Saiju	<i>[Signature]</i>
7.	Anakha Manoj	<i>[Signature]</i>
8.	Ancilin Mariya Binoy	<i>[Signature]</i>
9.	Angel Johnson	<i>[Signature]</i>
10.	Angel T Sebastian	<i>[Signature]</i>
11.	Anjitha Sunil	<i>[Signature]</i>
12.	Ansu Alichen	<i>[Signature]</i>
13.	Ashmi Roy	<i>[Signature]</i>
14.	Ayisha Rana	<i>[Signature]</i>
15.	Binimol Binoy	<i>[Signature]</i>
16.	Catherine Benny	<i>[Signature]</i>
17.	Chris Maria Viji	<i>[Signature]</i>
18.	Clariss Martin	<i>[Signature]</i>
19.	Delmy AP	<i>[Signature]</i>
20.	Delsiya	<i>[Signature]</i>
21.	Devika K J	<i>[Signature]</i>
22.	Dona Markose	<i>[Signature]</i>
23.	Dona Treasa Sanson	<i>[Signature]</i>



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10/12/22
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24.	Elizabeth K Francis	<i>[Signature]</i>
25.	Fathima Shahnas Kallan	<i>[Signature]</i>
26.	Fiona Jomon	<i>[Signature]</i>
27.	Glitta Grace V	<i>[Signature]</i>
28.	Godwin Shaju	<i>[Signature]</i>
29.	Gopika A	<i>[Signature]</i>
30.	Gouri Vinod	<i>[Signature]</i>
31.	Gowry T P	<i>[Signature]</i>
32.	Greety George K	<i>[Signature]</i>
33.	Jain Mariya George	<i>[Signature]</i>
34.	Jeeva Mariya Benny	<i>[Signature]</i>
35.	Jeeva Sunny	<i>[Signature]</i>
36.	Jemimah Joseph	<i>[Signature]</i>
37.	Jisna Tomy	<i>[Signature]</i>
38.	Keerthana e p	<i>[Signature]</i>
39.	k Goutham	<i>[Signature]</i>
40.	Linet k Biju	<i>[Signature]</i>
41.	Merrin Maria	<i>[Signature]</i>
42.	Milton Anto	<i>[Signature]</i>
43.	Nandhana VR	<i>[Signature]</i>
44.	Nigitha Jose	<i>[Signature]</i>
45.	Nitha Mary Nicson	<i>[Signature]</i>
46.	Radhika Remesan	<i>[Signature]</i>
47.	Rose Mary Reeson	<i>[Signature]</i>
48.	Rosemol Rajesh	<i>[Signature]</i>
49.	Sona C B	<i>[Signature]</i>
50.	Sona Shibu	<i>[Signature]</i>

Angelab
10/12/22
Signature of Principal

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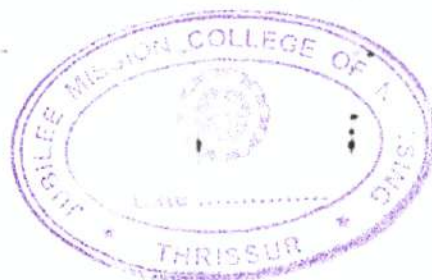


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IST SEMESTER BSC NURSING-2022-2023 BATCH
BRIDGE COURSE -POSITIVE ATTITUDE CLASS REPORT

As part of Bridge course a session on “Positive Attitude ” was arranged for our students on 05/12/2022. The session handled by Sr. Dhanya CHF, Asso. Professor, HOD- Mental Health Nursing JMCON . The class was very interactive and interesting. The session winded up at 2.35pm.



Angela
Principal
10/12/22
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NOTICE

There will be a class on “**Stress Management** ” to all first Semester students as a part of bridge course. The details given below.

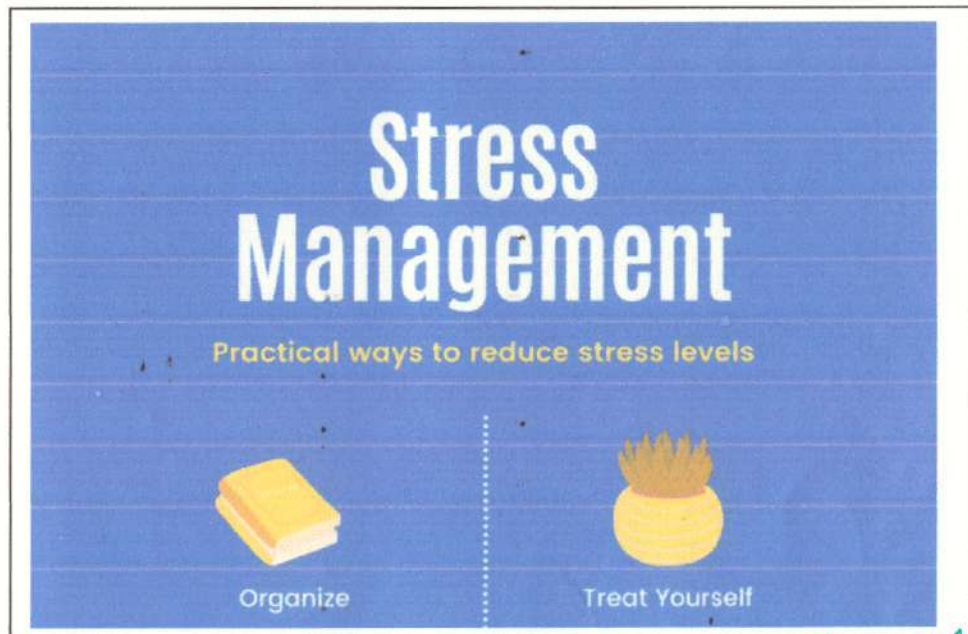
Date : 02/12/2022

Venue : I Semester class room

Time : 9.30 am- 10.30 am

Resource person: Fr.Alex Marottickal

Director,TIMHANS,Peringandoor



Angela
Principal 1/12/22

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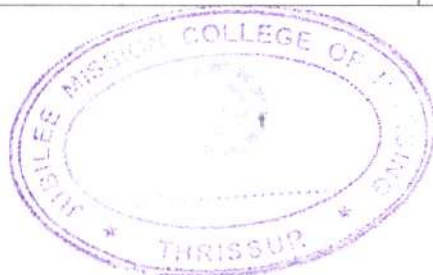
ATTANDANCE SHEET

Topic: *Stress management*

Date and Time: *02/12/2022 at 9:30am*

Resource person : *Fr. Alex marothickal, Director TIMHANS, Peringandoor*

SL.NO	NAME OF STUDENT	SIGNATURE
1.	Aaron S Mathew	<i>[Signature]</i>
2.	Abin S Saji	<i>[Signature]</i>
3.	Akshara U	<i>[Signature]</i>
4.	Aleena Mariot Thomas	<i>[Signature]</i>
5.	Aleesha PJ	<i>[Signature]</i>
6.	Amil Mariya Saiju	<i>[Signature]</i>
7.	Anakha Manoj	<i>[Signature]</i>
8.	Ancilin Mariya Binoy	<i>[Signature]</i>
9.	Angel Johnson	<i>[Signature]</i>
10.	Angel T Sebastian	<i>[Signature]</i>
11.	Anjitha Sunil	<i>[Signature]</i>
12.	Ansu Alichen	<i>[Signature]</i>
13.	Ashmi Roy	<i>[Signature]</i>
14.	Ayisha Rana	<i>[Signature]</i>
15.	Binimol Binoy	<i>[Signature]</i>
16.	Catherine Benny	<i>[Signature]</i>
17.	Chris Maria Viji	<i>[Signature]</i>
18.	Clariss Martin	<i>[Signature]</i>
19.	Delmy AP	<i>[Signature]</i>
20.	Delsiya	<i>[Signature]</i>
21.	Devika K J	<i>[Signature]</i>
22.	Dona Markose	<i>[Signature]</i>
23.	Dona Treasa Sanson	<i>[Signature]</i>



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10/12/22

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24.	Elizabeth K Francis	<i>Elizabeth</i>
25.	Fathima Shahnas Kallan	<i>Shahnas</i>
26.	Fiona Jomon	<i>Fiona</i>
27.	Glitta Grace V	<i>glittagrace</i>
28.	Godwin Shaju	<i>Godwin</i>
29.	Gopika A	<i>Gopika</i>
30.	Gouri Vinod	<i>Gouri</i>
31.	Gowry T P	<i>Gowry</i>
32.	Greety George K	<i>Greety</i>
33.	Jain Mariya George	<i>Jain</i>
34.	Jeeva Mariya Benny	<i>Jeeva</i>
35.	Jeeva Sunny	<i>Jeeva</i>
36.	Jemimah Joseph	<i>Jemimah</i>
37.	Jisna Tomy	<i>Jisna</i>
38.	Keerthana e p	<i>Keerthana</i>
39.	k Goutham	<i>Goutham</i>
40.	Linnet k Biju	<i>Linnet</i>
41.	Merrin Maria	<i>Merrin</i>
42.	Milton Anto	<i>Milton</i>
43.	Nandhana VR	<i>Nandhana</i>
44.	Nigitha Jose	<i>Nigitha</i>
45.	Nitha Mary Nicson	<i>Nitha</i>
46.	Radhika Remesan	<i>Radhika</i>
47.	Rose Mary Reeson	<i>Rose</i>
48.	Rosemol Rajesh	<i>Rosemol</i>
49.	Sona C B	<i>Sona</i>
50.	Sona Shibu	<i>Sona</i>

Angelab
10/12/22

Signature of Principal
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1ST SEMESTER BSC NURSING-2022-2023 BATCH
BRIDGE COURSE -STRESS MANAGEMENT CLASS REPORT

As part of Bridge course a session on “Stress Management ” was arranged for our students on 05/12/2022. The session handled by Fr.Alex Marottickal

Director, TIMHANS,Peringandoor The class was very interactive and interesting. Father introduced various stress management techniques. The session wined up at 10.30am.



Angelab
Principal 10/12/22

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