



JUBILEE MISSION COLLEGE OF NURSING, THRISSUR

JUBILEE MISSION HOSPITAL TRUST- Archdiocese of Trichur (KUHS- QAS A Grade & NAAC Accreditted)





5.1 Student Support





5.1.2. Analytical skill development





JUBILEE MISSION HOSPITAL TRUST – ARCHDIOCESE OF THRISSUR

(KUHS - QAS 'A' Grade - NAAC Accredited)

Jubilee Gardens, P.B. No.737 Jubilee Mission P.O Thrissur East -680 005 Kerala S. India Ph: 0487-2426709, 90 48 28 50 00, Fax: 0091-0487-2422157, E-mail:jmcontcr@gmail.com

Capability enhancement and development schemes

List of Analytical skill development classes conducted 2022-23

SL.NO	TOPIC					
1.	YIP (K-Disc)ideathon 2023					
2.	Scientific paper presentation					
3.	Participated wokshop on Reserach Methadology					
4.	Debate on For and Against Nursing reserach					
5.	Students research projects					



JUBILEE MISSION HOSPITAL TRUST – ARCHDIOCESE OF THRISSUR







REPORT ON YIP ACTIVITIES AT JMCON (IDEATHON 2023)

Organizer details

: KDISC

Department

: community health nursing department

Participants' details

: all batch of students

No. of students

: 200 students

Name of the reporter

: Mrs. Seeja Jacob, Mrs. Deepa Davis and Mrs. Merin Davis

Report : As a part of college innovation activities community health nursing department in collaboration with YIP (K-DISC) arranged a idea generation program. Around 22 ideas send in YIP portal. 10 teachers were worked as supporters (mentors) for generating the ideas. A group of 5 members and one mentor were registered for that. Students uploaded the idea in YIP portal as a first step. Mentor gets mail from YIP after the submission of student's idea, after that mentor should approve the idea with remarks. Finally the institution head will approve each idea. Now the selection processes are going on.

C*k-DISC =	YIF	- Yo	ung Innovator's Pro	ogram 5.0	4	- institution (
: MENU ::.						
Administration						*
EXTERNAL MENTOR		SI No	Name of Mentor	Email	Mobile	Action Needed on Ideas
View Problemsheif		1	Anila lames	anilajamesk@gmail.com	8590583238	View Groups
Facilitator Registration		2	DeepaDavia	deepada ist@gmail.com	8113025448	Where Groups
IDEA 2022- HEAD		3	Siffy Anto	franky19111989@gmail.com	9207103847	View Groups
IDEA 2022- HEAD		4	Mrs Jyothy Elizabeth	yothy,im@gmail.com	9895972695	Visiw Groups
Authorisation-2022		3	merio davis	merindaviidtml@gmail.com	9497038187	View Groups
Authorised-2022		6	Empy P.R	nncysput28@gmail.com	8281353937	Yiew Groups
Ideators registered 2021		2	SheeyaSebastian	sheelasgeorgeans@gmail.com	8893116514	Vitra Groups
Ideafors registered 2022						
		8	Shibi P George	shrbiforymcon2020@gmail.com	9539544923	View Granups
		9	5: Sumy paul	sr.sumypaul@gmail.com	8156878424	View Groups
		10	Sister Betty	SIDETUGEN HER COM	8281525236	View Groups Million S
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" INSTITUTION ADM

at MENU a

Administration	E INSTITUTION DETAILS					
EXTERMAL MENTOR	51 No	idea id	Idea Summay		Action	Idea Status
View Problemshelf		19194	Eetad-ens ejector		Authorised	Idea Submitted
Facilitator Registration			If a person met with sudden respiratory arrest or			
IDEA 2022- HEAD	2	19192	medical intervention when a hospital lacks the needed medicine, to prevent further complications		Authorised	idea Submitted
Authorisation+2023			the switch mobild connect to the nearby hospital for sudden intervention.			
Authorised-2022			Smart sensor binsi Smart sensors are used in each			
ideators régistered 2021	3	19201	color segregated waste disposal trins and when incorrect water is disposed in the bin la warning		Authorised	Idea Submitted
ideators registered 2022			alarm is given giving electness to the individual disposing it.	92.1		





YIP - Young Innovator's Program 5.0

19202

19203





H MENU :

	Administration	
	EXTERNAL MENTOR	
	View Problemshelf	
٠	Facilitator Registration	
	IDEA 2022- HEAD	
	Permonisation 2012	
	Authorited-2022	

Ideators registered 2021

deators registered 2022

A mobile app which gives the details about imparient. This will provide the patient with don't and pon't a during treir liftness behold. estable food items during the seriod of Illness recovery period ets. This will be updated after each rounds so this accurate information can be acquired. The app will also have the option to switch language so that anyone who is unfamiliar with regional language can switch to their ram har language to easily understand the written matter. The virays and other documents can be attached so that it can be used for further

The nurses find difficult to find the patient chart during the emergency situation like road traffic accidents, violence, suicide attempt etc., when the patient has any psychiatric problem and he doesn't have any relative's find difficult for the nurses as well as the doctor to get the information of the past history. And also help to get the patient history in previous hospital.



AIMOR NOITUTITENI -

Authorised

Idea Submitted

Authorised

idea Submitted





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PRINCIPAL Jubilee Mission College of Nursing THRISSUR - 680 005

JUBILEE CENTRE FOR MEDICAL RESEARCH Jubilee Research Day

20th May 2023 Saturday @ New CCM Hall

It has been proposed that May 20th be designated as Research Day within the Jubilee institutions. This shall be a distinctive opportunity for Jubileeans to convene on a unified platform to exchange and showcase their research achievements, as well as to become acquainted with similar activities taking place within our Jubilee family. This event shall be a recurring feature in the years to come, and shall encompass a variety of activities including oral and poster presentations of research papers, inspiring discussions, as well as opportunities for recognition and awards. Furthermore, this occasion shall serve as an ideal platform for presenting and promoting your research ideas, releasing books and newsletters.

Highlights of the programme.

Research paper - oral and poster presentation under six categories:

1 MBBS students

2 PG interns (MD/MS/DM)

3 Nursing Students (both UG & PG)

4 Faculty from Jubilee institutions

5 Research Scholars- fulltime, all disciplines

6 Research Scholars- part-time, all disciplines

Extended research abstracts are invited from the Jubileeans of the above categories. The abstract must be the original work of the author/s and plagiarism should be <10%. The study has to be within the scope of healthcare and allied subjects. The submitted abstracts will be evaluated by the scientific committee and if selected will categorize into oral presentation / poster presentation. This will be communicated to the authors in the announced time schedule. Best oral and poster paper from each category (if more than 3 entries) will be given prizes.

Extended Structured Abstract Specification

- . Word limit: 500; File format: Word format only. Font: Times New Roman, Title 14 pt; Text 12 pt.
- The abstract must include the Title, Author's name, and affiliation (department, institution).
- · Title of the Abstract: must be informative, in capital letters, and less than 20 words.
- Text must be structures into Aim and Objectives, Methodology, Results and Conclusion.

Submission Guidelines

The extended abstracts as per specifications must be submitted at researchdayjemna gmail com on or before 2nd May. Mention the category. The selection of the abstracts will be notified through email on 10th May.

Summary of the papers will be published in a proceeding with ISBN.

Presentation Specification

1. For paper presentation

Time: 7 minutes + 2 minutes for discussion. Presentation format should be MS PowerPoint Presentation (PPT) 2010 or above. The font size and style should be readable. The presentation should contain all the headings in the abstract. Maximum number of slides: 8

2. For poster presentation

The participants presenting the poster must be present at the allotted time and place. The font size and style should be readable. The poster should contain all the headings as in the abstract. Space $3 \times 4 \text{ ft}$

Important dates: Submission of abstracts: 2nd May Acceptance: 10th May Presentation: 20th May

Attractive prizes are waiting for you. Registration is free.

Requests to release books, newsletters other research activities in the venue are welcome

Scientifically yours Dr D M Vasudevan Research Director



This is to certify that the following investigators presented a research paper on the 'Jubilee Research Day' conducted by Jubilee Centre for Medical Research

Session: Undergraduates-Nursing

Title: Oral health status and contributing factors affecting the oral health among school children

Authors: Sona Anna Saji, Sona PR, Steffi Francis, Krishnapriya P B, Seeja Jacob

Thrissur 20.05.2023 Fr Renny MundenKurain Director Dr D M Vasudeva Director-Research







This is to certify that the following investigators presented a research paper on the 'Jubilee Research Day' conducted by Jubilee Centre for Medical Research

Session: Undergraduates-Nursing

Title: Effectiveness of tai-chi exercise on level of stress regarding the impact of COVID-19 among caregivers of in-patients of s elected wards at JMMC &RI, Thrissur

Authors: Megha K U, Merin Siby Karimattam, Neethu M S, Praveena P, Resna Rajan, Riyamol Jacob, Rosemi T J, Sandra M J, Smiji Raju, Chinju Raj, Dhanya Maria, Angela Gnanadurai

Thrissur 20.05.2023 Fr Renny MundenKurain Director

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Dr D M Vasudevan Director-Research

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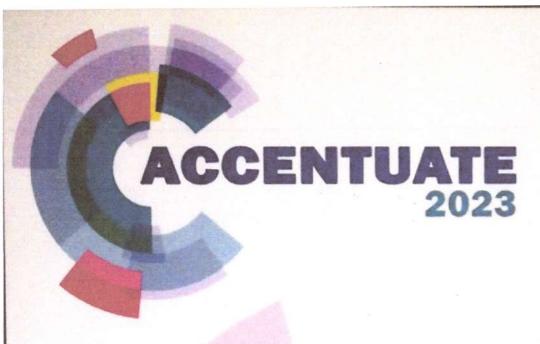






Best Paper Award Session: Undergraduate-Nursing





This is to certify that the following investigators presented a research paper on the 'Jubilee Research Day' conducted by Jubilee Centre for Medical Research

Session: Undergraduates-Nursing

Title: Knowledge and attitude towards COVID-19 vaccination among the adult population visiting JMMC & RI, Thrissur

Authors: Riya C I, Jocy Joseph, Johnsy K George, Joshema Benny, Lisha Baby, Neena Saju, Sandra Shaju, Sherin Thanckachan, Shilpa Benny, Seeja Jacob, Ambily Ulahanan, Hensa C A

Thrissur 20.05.2023 Fr Renny MundenKurain Director Dr D M Vasudevan Director-Research

Minny







This is to certify that the following investigators presented a research paper on the 'Jubilee Research Day' conducted by Jubilee Centre for Medical Research

Session: Undergraduates-Nursing

Title: Impact of pandemic restrictions on the psychosocial wellbeing among school going children in pediatric ward and outpatient department of JMMC & RI, Thrissur

Authors: Amala Babu.A, Amala Shilppa Benny, Amitha Shaju, Angela Biju, Emil Varghese, Gloria G Tharakan, Jacquilin Nelson, Liviya J Rose, Suja Ann Joseph, Treasa Anto, Angela Gnanadurai

Thrissur 20.05.2023 Fr Renny MundenKurain Director

Dr D M Vasudevan Director-Research









This is to certify that the following investigators presented a research paper on the 'Jubilee Research Day' conducted by Jubilee Centre for Medical Research

Session: Undergraduates-Nursing

Title: Assessment of level of quality of sleep among post-operative patients admitted in JMMC&RI, Thrissur

Authors: Anna Aneena Alby, Anitta Joy, Ashwathy V, Aleena Saju, Ancy E S, Chanchal Chacko, Fousitha H S, Aneeta Agustin, Daisy Maria

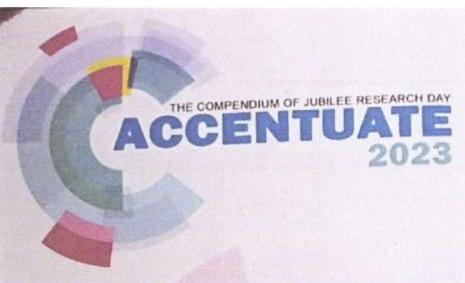
Thrissur 20.05.2023 Fr Renny MundenKurain

Dr D M Vasudevan Director-Research

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This is to certify that the following investigators presented a research paper on the 'Jubilee Research Day' conducted by Jubilee Centre for Medical Research

Session: Undergraduates-Nursing

Title: Effect of planned teaching programme on knowledge on day among hypertensive patients in selected wards of a tertiary care hospital

Authors: Aiswarya Thomas, Ajitha Anto C, Alfiya Sajid,
Angel Davis, Anitta Sunny, Anjana Daison, Betty Baiju, Jacquelin Joby, Rincy P R

Thrissur 20.05.2023 Fr Renny MundenKurain Director

Dr D M Vasudevan Director-Research







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Thrissur 20.05.2023 Fr Renny MundenKurain

Director

Dr D M Vasudevan Director-Research







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RESERACH DAY REPORT

On 20/05/23 research day was conducted in joint with Jubilee Mission Medical College and Research Institute. The programme was started with inaugural function. Followed by that poster presentation competition was held. Priory the abstract from various departments are accepted. Among them selected abstracts were called for poster presentation. Our 7 research groups representatives presented their poster according to their criteria. The presentation were done at old CCM and new CCM hall on 20/05/23. The schedule for the presentations were published priorly. The competitions were evaluated by experts from various department. Miss. Praveena got best presenter award among nursing students. The meeting was ended by validictory session. The awards were distributed in the validectory session The snacks were provided through out the session for refreshment.







Jubilee Mission College of Nur.
THRISSUR - 680 00*



SALISBURY 2023

RESEARCH METHODOLOGY WORKSHOP

Organized by: Department of Community Medicine Jubilee Mission Medical College and Research Institute, Thrissur

22.03.2023

Venue
Old CCM Hall, B block
Medical college Gate
number 1. JMMC & RI

Dear Delegates,

It gives us immense pleasure to invite you all for the Research Methodology Workshop for healthcare workers including faculty and students of Nursing Colleges and PhD scholars on 22/03/2023, Wednesday at our institute. The program includes lectures, group activities and practical sessions by the faculty from the Department of Community Medicine, Jubilee Mission Medical College and Research Institute, Thrissur. We look forward to your enthusiastic participation!!!

Schedule

08.30 - 09.00 am	- Registration
09.00 - 10.00 am	- Introduction to research & framing a research question
10.00 - 10.30 am	- Epidemiological study designs
10.30 - 11.15 am	- Inauguration, Tea break
11.15 - 12.00 pm	- Structure of a protocol
12.00 - 12.45 pm	- Writing a research paper & publication
12.45 - 01.45 pm	- Lunch break
01.45 - 02.15 pm	- Importance of sample size estimation & Data management in Microsoft Excel
02.15- 04.00 pm	 Group activity on selection of study topics and choosing the right study designs
04.00 - 04.15 pm	- Feedback and reflections
04.15 - 04. 30pm	- Tea break

Registration fee Details

Registration fee: Rs.600

Click on the link for registration:

Transaction ID will be required to submit the registration form

- Certificates will be provided for participants
- Seats available only for first 50 registrations



Payment Details

Name of Account: Jubilee Mission Hospital Trust

Bank A/c No

Name of Bank : The South Indian Bank : 0368081000000110

IFSC Code

: SIBL0000368

For details please contact:

Dr Radhika Kannan:

9400578590 Dr Aiswarya K Venugopal:

9633333157



Department of **Community Medicine**

CERTIFICATE

This is to certify that

DIYA RAJU

has

participated in the Research Methodology Workshop - SALISBURY 2023 organized by the Department of Community Medicine, Jubilee Mission Medical College & Research Institute, Thrissur on 22nd March 2023 as a Delegate/Faculty.

Dr Praveenlal Kuttichira Principal, JMMC & RI

Professor & Head

Dept of Community Medicine





Department of Community Medicine

has

CERTIFICATE

This is to certify that ANET K LONAPPAN

participated in the Research Methodology Workshop – SALISBURY 2023 organized by
the Department of Community Medicine, Jubilee Mission Medical College & Research

Institute, Thrissur on 22nd March 2023 as a Delegate/Faculty.

Dr Praveenial Kuttichira Principal, JMMC & RI Dr Lucy Raphael Professor & Head

Dept of Community Medicine



Department of Community Medicine

CERTIFICATE

This is to certify that MANYA NM has participated in the Research Methodology Workshop – SALISBURY 2023 organized by the Department of Community Medicine, Jubilee Mission Medical College & Research

Institute, Thrissur on 22nd March 2023 as a Delegate/Faculty.

Dr Praveenlal Kuttichira Principal JMMC & RI Dr Lucy Raphael
Professor & Head
Dept of Community Medicine

about:blank

Community Medicine Department of



College & Research Institute Jubilee Mission Medical

CERTIFICATE

Institute, Thrissur on 22nd March 2023 as a Delegate/Faculty. the Department of Community Medicine, Jubilee Mission Medical College & Research participated in the Research Methodology Workshop - SALISBURY 2023 organized by MENACHERY 9 NIRIZA This is to certify that Pas

Organizing Secretary Or Radhika Kannan Dept of Community Medicine Professor & Head Dreucy Raphael

Principal, JMMC & RI Dr Praveental Kuttichira



Department of Community Medicine

CERTIFICATE

This is to certify that AKHILA P. S has participated in the Research Methodology Workshop – SALISBURY 2023 organized by the Department of Community Medicine, Jubilee Mission Medical College & Research Institute, Thrissur on 22nd March 2023 as a Delegate/Faculty.

Dr Praveenla Kuttichira

Dr Lucy Raphael
Professor & Héad
Dept of Community Medicine



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Name of the event

: Research workshop Salisbury 2023

Organizer details

:Community health nursing Dept.,JMCON and community

medicine JMMC AND RI

Venue

: Old CCM Hall, JMMC & RI

Date

: 22/03/2023

Time

: 8:45 am

Department

: Community health nursing Dept., JMCON

Participants' details

: 50 members (Student representatives from 6 group, faculty from

each departments

No. of students

: 6 students

Name of the reporter

: Mrs. Deepa Davis T and Mrs. Merin Davis

Report:

Salisbury 2023 research work shop was conducted on

22/03/2023 at Old CCM Hall, JMMC & RI.The program started at 8:45 am soon after registration. The workshop was inaugurated by Fr. Renny Mundenkurian. The workshop was organised by the faculties of Community Medicine Department of JMMC & RI and the sessions included Introduction to Research, framing a good research question, epidemiological study design, protocol writing, writting up a research paper & publication, importance of sample size estimation & data management in excel, group activity. In the afternoon session there was Group activity to frame a research protocol from a given scenario was really interesting and productive because we could interact with some eminent professionals and work along with them. The session ended with feedback from participants. The registration fee (Rs.3000/-)for the students to attend the workshop were sponsored from the college. The workshop was ended at 4.30 pm.



Photos of Salisbury 2023





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Program Coordinator

Principal 092023





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Nursing research and statistics

22/02/2023

Debate - For and against nursing research

Programme list

Date: 01/03/2023

Time: 10.30 am

Venue: III rd year class room

Silent Prayer

· Welcome and introduction: Bestina V.J

Debate

• Concluding Session : Mrs. Deepa Davis T

• Vote of Thanks : Annet K Lonappan

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" Au faculty are welcome

Jubilee Mission College of Nursing





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REPORT ON NURSING RESEARCH DEBATE ON "FOR AND AGAINST RESEARCH"

Nursing research debate was conducted on the topic **FOR AND AGAINST NURSING RESEARCH**" on 01/03/23 at IIIrd year BSc. Nursing classroom at 10.30am – 12.30 pm. The programme started by a prayer. Miss Anett K. L welcomed the session. Followed by that debate competition started. The group is divided in to 2 groups (25 Students in each group) and seated comfortably for face to face interaction .Mrs. Deepa Davis T, Lecturer gave instruction regarding the way of conducting the debate. Sr. Philo Resmi, Vice principal moderated the debate. Mrs. Deepa, maintained the score board. Both group were participated actively through out the session. This helps the students learn through friendly competition, examine controversial topics and strengthen skills in the area of leadership. Mrs. Deepa concluded the session and sr. Philoresmi evaluated both group and render the final conclusion. The session conclude by vote of thanks by Miss. Aerin Menachery.

PHOTOGRAPH OF RESEARCH DEBATE ON 01/03/23







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PHOTOGRAPH OF RESEARCH DEBATE ON 01/03/23





Subject coordinator



Principa

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Research Debate on "For and against research" conducted on 01/03/23

List of students participated – IIIrd year

Sl. no	Name of the student	Sl. no	Name of the student	
1	Abiramy S	26	Christy Mariya	
2	Aerin P Menachery	27	Christy Shaju	
3	Akhila P S	28	Divya Devassy	
4	Akshaya Sabu	29	Diya Raju	
5	Alan M Sunny	30	Haris Roy	
6	Aleena Antony	31	Hiba Ibrahim	
7	Aleena J Kallarakkal	32	Jasmin C J	
8	Alen Rose K B	33	Jasmine P J	
9	Alna Ouseph	34	Jesna Mol T J	
10	Amana Salam	35	Jewel Jipson	
11	Amrutha P S	36	Jisna George	
12	Anet K Lonappan	37	Jithra Josy	
13	Angel Mary Babu	38	Josephin Santhosh	
14	Angel T S	39	LIYA V J	
15	Angel Varghese	40	Manya N M	
16	Anit Mary Jose	41	Mariya Martin	
17	Anju K Raju	42	Mariya Rose N F	
18	Ann Helen Lopez	43	Merin Tomy	
19	Ann Priya Vinson	44	Navya Margret Mathew	
20	Aruna Sairam	45	Neha Joy	
21	Ashwin Joy	46	Noel Leons	
22	Bestina V J	47	Riya Saju	
23	Bilna Biju	48	Sandhra Saju C	
24	Binita Biju	49	Sneha PX	
25	Chandana Bijoy	50	Sona K Saby	

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DETAILS OF RESEARCH PROJECTS (2021-22)

sno	Topics	Year	Name of the students	Guide
1	A study to assess the awareness on cancer prevention among patients admitted in selected wards of JMMC & RI, Thrissur	III B.Sc (N)	 Abiya Joby Ashly Raju Aisawarya Jayan Ashly Sebastain Akhila Shabu Avin Shajan Aleena John Deepa D 	Mrs. Betsy Varghese
2	A study to assess the knowledge regarding coronary artery disease among diabetic patients in JMMC & RI, Thrissur	III B.Sc (N)	Aleena Joy Devikasurai Alex Joseph ADivya Joy Alphy Prince Jefy George Alfred Santhosh Jeleetta Jomi	Remya Ramachandran
3	A study to assess the health care satisfaction among caretakers of newborn admitted in JMMC& RI, Thrissur	III B.Sc (N)	 Alfy Joji Jemy George Vismaya K R Alphy K Shaju Jiya T B Amala Thomas Ancy Sony Amla Treesa Jhonson 	Jaicy John



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THRISSUR - 680 005

4	A study to assess the effect of structured teaching programme on level of knowledge and practice of Breast self examination among women in JMMC& RI, Thrissur	II1 B.Sc (N)	1. Jwala Jose 2. Livya Alex 3. Josna Jose 4. Aneena Anto 5. Melviya Domnic 6. Aneeta Thomas 7. Priji Mechery 8. Angel T V 9. Rose Mariya	Mrs. Justy Joy
5	Effect of video assisted teaching programme on knowledge and practice regarding the prevention of vectorborne diseases among adults in a selected community, Thrissur district	II1 B.Sc (N)	1.Angel Treesa 2. Sandra C S 3. Anjana P W 4. Sandra Mary 5. Anjana Thomas 6. Sandra Elizabeth 7. Anlin Roy 8. Sandra Shony	Mrs. Seeja Jacob
6	A study to assess the quality of life among caregivers of mentally ill patients of JMMC & RI, Thrissur.	II1 B.Sc (N)	1. Anly 2. Shanit Shaji 3. Annu George 4. Sreelakshmi P S 5. Annu Sacaria 6. Soniya 7. Anu K V 8. Sreethilak 9. Zainabha	Mrs. Chinju Raj
7	A study to assess the oral health status and contributing factors affecting the oral health among school children in a selected school of Thrissur district	IV B.Sc (N)	50 students	Mrs. Seeja Jacob
8	Effect of Buerger Allen Exercise on Foot Perfusion among patients with Type II Diabetic Mellitus	IIM.Sc(N) Medical Surgical Nursing	Deepa Tom	Dr.Sr.Philoresmi
9	Effect of Educational Intervention on level of knowledge and anxiety among patients	IIM.Sc (N) Medical	Vijoy Wilson	Dr.Sr.Philoresmi

THRISSUR - 680 CE

	undergoing Hyperbaric Oxygen Therapy (HBOT)	Surgical Nursing		
10	Effect of video assisted teaching on level of knowledge and attitude on human milk banking among women	IIM.Sc (N) OBG Nursing	Vineesha Vijayan	Mrs.Reena Vincent
11	Effect of progressive muscle relaxation on the level of post caesarean section pain- quality of sleep and physical activity limitation among caesarean mothers	IIM.Sc (N) OBG Nursing	Reny Kattukaran	Mrs.Reena Vincent
12	Effect of Guided Mental imagery on stress and clinical indicators among patients undergoing haemodialysis	IIM.Sc (N) Mental Health Nursing	Priya Mathew	Sr.Dhanya
13	Effect of postoperative bundle care on knowledge and practice of care of children under going orofacial surgery among mothers of children with cleftlip and pallate	IIM.Sc(N) Child Health Nursing	Bini Joseph	Dr.Sr.Tresa Anto

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Report on Students projects work 2021-2022

The nursing research and statistics training in curriculum for graduate and postgraduate students to acquire an understanding of the research methodologies and statistical methods and hands on training on data analysis will fully equip them to carry out quality research. Our PG students carried out the individual and UG students carried out group research study under the guidance of specialty guides according to the university guidelines.

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